

Setting up an Anthony Nolan blog

In order to set up an Anthony Nolan blog, visit:

<http://www.realbuzz.com/microsites/competeforanthonynolan/blogs/>

If you have not already signed up for an account, click 'Sign up' and fill in your details. Please note that fields marked with * are compulsory, and must be filled in.

NOTE: Signing up is different to registering. Even if you have already registered, you will still have to sign up for a blog account.

Once you have successfully set up an account, enter your username and password to log on.

If you have successfully logged on, the log on box will disappear.

Once you have logged on, click 'Create a blog'.

Personalising your blog

The first thing you need to do is give your blog a title. Choose something short, yet descriptive. A good example would be 'Craig's road to the London Marathon'.

You will also have to choose which category you would like your blog to appear in. This will be dependant on the event you are taking part in.

Click 'Continue'.

The next thing you need to do is set up your overview. The overview is a short description about your blog, your goals, etc. This will always appear at the top of all your blog posts.

Click 'Create your blog overview'.

In the editor box, just type as if you were using a standard word processor. You can add bold text, italics, etc.

When you are done, click continue.

Congratulations, you have setup your blog!

Adding posts

In order to add a new post, click the 'Add new post' button.

Add a title to your post.

Type into the blog editor box, just as you did when creating the overview.

Add any labels relevant to the post. These are single words that sum up what the post is about, and helps with classification.

If you would like to add a video, click the browse button and choose a video file.

Select the date to which the post relates to – this is useful if you want to add posts retrospectively. Please note that new posts will still appear at the top of the list.

Click submit. **Congratulations! You are done!**